

Circonscription législative	Pays	Poste		
1	CANADA	MONTREAL		
		TORONTO		
		QUEBEC		
		VANCOUVER (dont Calgary)		
		MONCTON		
	ETATS-UNIS	ATLANTA		
		BOSTON		
		CHICAGO		
		HOUSTON		
		LOS ANGELES		
		MIAMI		
		SAN FRANCISCO		
		WASHINGTON		
		NEW YORK		
		LA NOUVELLE ORLEANS		
		2	ARGENTINE	BUENOS AIRES
			BOLIVIE	LA PAZ
			BRESIL	RECIFE
RIO DE JANEIRO				
SAO PAULO				
BRASILIA				
CHILI	SANTIAGO			
COLOMBIE	BOGOTA			
COSTA RICA	SAN JOSE			
CUBA	LA HAVANE			
EL SALVADOR	SAN SALVADOR			
EQUATEUR	QUITO			
GUATEMALA	GUATEMALA CITY			
HAITI	PORT-AU-PRINCE			
HONDURAS	TEGUCIGALPA			
JAMAIQUE	KINGSTON			
MEXIQUE	MEXICO			
NICARAGUA	MANAGUA			

	<b>PANAMA</b>	PANAMA CITY
	<b>PARAGUAY</b>	ASSOMPTION
	<b>PEROU</b>	LIMA
	<b>REPUBLIQUE DOMINICAINE</b>	SAINT-DOMINGUE
	<b>SAINTE LUCIE</b>	CASTRIES
	<b>SURINAME</b>	PARAMARIBO
	<b>TRINITE ET TOBAGO</b>	PORT D'ESPAGNE
	<b>URUGUAY</b>	MONTEVIDEO
	<b>VENEZUELA</b>	CARACAS
3	<b>DANEMARK</b>	COPENHAGUE
	<b>ESTONIE</b>	TALLINN
	<b>FINLANDE</b>	HELSINKI
	<b>IRLANDE</b>	DUBLIN
	<b>ISLANDE</b>	REYKJAVIK
	<b>LETONIE</b>	RIGA
	<b>LITUANIE</b>	VILNIUS
	<b>NORVEGE</b>	OSLO
	<b>ROYAUME-UNI</b>	EDIMBOURG
		LONDRES
<b>SUEDE</b>	STOCKHOLM	
4	<b>BELGIQUE</b>	BRUXELLES
	<b>LUXEMBOURG</b>	LUXEMBOURG
	<b>PAYS-BAS</b>	AMSTERDAM
5	<b>ANDORRE</b>	ANDORRE
	<b>ESPAGNE</b>	BARCELONE
		SEVILLE (Madrid)
		BILBAO (Madrid)
		MADRID
	<b>MONACO</b>	MONACO
<b>PORTUGAL</b>	LISBONNE	
6	<b>SUISSE</b>	ZURICH
		GENEVE
	<b>ALBANIE</b>	TIRANA
	<b>ALLEMAGNE</b>	BERLIN
		DUSSELDORF
		FRANCFORT
		SARREBRUCK
		MUNICH
		STUTTART
HAMBOURG		

7	<b>AUTRICHE</b>	VIENNE
	<b>BOSNIE-HERZEGOVINE</b>	SARAJEVO
	<b>BULGARIE</b>	SOFIA
	<b>CROATIE</b>	ZAGREB
	<b>HONGRIE</b>	BUDAPEST
	<b>KOSOVO</b>	PRISTINA
	<b>MACEDOINE</b>	SKOPJE
	<b>MONTENEGRO</b>	PODGORICA
	<b>POLOGNE</b>	CRACOVIE
		VARSOVIE
	<b>REPUBLIQUE TCHEQUE</b>	PRAGUE
	<b>ROUMANIE</b>	BUCAREST
	<b>SERBIE</b>	BELGRADE
	<b>SLOVAQUIE</b>	BRATISLAVA
<b>SLOVENIE</b>	LJUBLJANA	
8	<b>CHYPRE</b>	NICOSIE
	<b>GRECE</b>	ATHENES
		THESSALONIQUE
	<b>ISRAEL</b>	TEL AVIV
		HAIFA
	<b>ITALIE</b>	MILAN
		ROME
		NAPLES
	<b>JERUSALEM/TERRITOIRES PALESTINIENS</b>	JERUSALEM
	<b>MALTE</b>	LA VALETTE
<b>TURQUIE</b>	ISTANBUL	
	ANKARA	
9	<b>ALGERIE</b>	ALGER
		ANNABA
		ORAN
	<b>BURKINA FASO</b>	OUAGADOUGOU
	<b>CAP VERT</b>	PRAIA
	<b>COTE-D'IVOIRE</b>	ABIDJAN
	<b>GUINEE</b>	CONAKRY
	<b>GUINEE BISSAU</b>	BISSAU
	<b>MALI</b>	BAMAKO
	<b>MAROC</b>	RABAT
		AGADIR
CASABLANCA		
MARRAKECH		

		FES
		TANGER
	<b>MAURITANIE</b>	NOUAKCHOTT
	<b>NIGER</b>	NIAMEY
	<b>SENEGAL</b>	DAKAR
	<b>TUNISIE</b>	TUNIS
10	<b>AFRIQUE DU SUD</b>	JOHANNESBURG
		LE CAP
	<b>ANGOLA</b>	LUANDA
	<b>ARABIE SAOUDITE</b>	RIYAD
		DJEDDAH
	<b>BAHREIN</b>	MANAMA
	<b>BENIN</b>	COTONOU
	<b>BOTSWANA</b>	GABORONE
	<b>BURUNDI</b>	BUJUMBURA
	<b>CAMEROUN</b>	DOUALA
	<b>CAMEROUN</b>	YAOUNDE
	<b>COMORES</b>	MORONI
	<b>CONGO</b>	BRAZZAVILLE
		POINTE NOIRE
	<b>DJIBOUTI</b>	DJIBOUTI
	<b>EGYPTE</b>	ALEXANDRIE
		LE CAIRE
	<b>EMIRATS ARABES UNIS</b>	ABOU DABI
		DUBAÏ
	<b>ETHIOPIE</b>	ADDIS-ABEBA
	<b>GABON</b>	LIBREVILLE
	<b>GHANA</b>	ACCRA
	<b>GUINEE EQUATORIALE</b>	MALABO
	<b>IRAK</b>	BAGDAD
	<b>IRAK</b>	ERBIL
	<b>JORDANIE</b>	AMMAN
	<b>KENYA</b>	NAIROBI
	<b>KOWEÏT</b>	KOWEÏT
	<b>LIBAN</b>	BEYROUTH
	<b>MADAGASCAR</b>	TANANARIVE
	<b>MAURICE</b>	PORT-LOUIS
	<b>MOZAMBIQUE</b>	MAPUTO
<b>NAMIBIE</b>	WINDHOEK	
<b>NIGERIA</b>	LAGOS	
	ABUJA	
<b>OMAN</b>	MASCATE	

	<b>OUGANDA</b>	KAMPALA
	<b>QATAR</b>	DOHA
	<b>RDC</b>	KINSHASA
	<b>REPUBLIQUE CENTRAFRICAINE</b>	BANGUI
	<b>RWANDA</b>	KIGALI
	<b>SEYCHELLES</b>	VICTORIA
	<b>SOUDAN</b>	KHARTOUM
	<b>SOUDAN DU SUD</b>	DJOUBA
	<b>TANZANIE</b>	DAR-ES-SALAM
	<b>TCHAD</b>	N'DJAMENA
	<b>TOGO</b>	LOME
	<b>ZAMBIE</b>	LUSAKA
	<b>ZIMBABWE</b>	HARARE
11	<b>AFGHANISTAN</b>	KABOUL
	<b>ARMENIE</b>	EREVAN
	<b>AUSTRALIE</b>	SYDNEY
	<b>AZERBAÏDJAN</b>	BAKOU
	<b>BANGLADESH</b>	DACCA
	<b>BIELORUSSIE</b>	MINSK
	<b>BIRMANIE</b>	RANGOUN
	<b>BRUNEI</b>	BENDAR SERI BEGAWAN
	<b>CAMBODGE</b>	PHNOM PENH
	<b>CHINE</b>	SHANGHAI
		HONG-KONG
		CANTON
		CHENGDU
		WUHAN
		SHENYANG
		PEKIN
	<b>COREE DU SUD</b>	SEOUL
	<b>FIDJI</b>	SUVA
	<b>GEORGIE</b>	TBILISSI
	<b>INDE</b>	PONDICHERY
		NEW DELHI
		BANGALORE
		BOMBAY
		CALCUTTA
	<b>INDONESIE</b>	JAKARTA
	<b>IRAN</b>	TEHERAN
<b>JAPON</b>	KYOTO	
	TOKYO	
<b>KAZAKHSTAN</b>	ALMATY	
<b>LAOS</b>	VIENTIANE	
<b>MALAISIE</b>	KUALA LUMPUR	
<b>MOLDAVIE</b>	CHISINAU	

<b>MONGOLIE</b>	OULAN BATOR
<b>NEPAL</b>	KATMANDOU
<b>NOUVELLE-ZELANDE</b>	WELLINGTON
<b>OUZBEKISTAN</b>	TACHKENT
<b>PAKISTAN</b>	ISLAMABAD
	KARACHI
<b>PAPOUASIE NOUVELLE GUINEE</b>	PORT MORESBY
<b>PHILIPPINES</b>	MANILLE
<b>RUSSIE</b>	EKATERINBOURG
	ST-PETERSBOURG
	MOSCOU
<b>SINGAPOUR</b>	SINGAPOUR
<b>SRI LANKA</b>	COLOMBO
<b>TAIWAN</b>	TAIPEI
<b>THAILANDE</b>	BANGKOK
<b>TURKMENISTAN</b>	ACHGABAT
<b>UKRAINE</b>	KIEV
<b>VANUATU</b>	PORT-VILA
<b>VIETNAM</b>	HO CHI MINH-VILLE
	HANOI